## Ladies and Youth League (LYL) Rules.

These rules supplement the rules of the ETOWA as published in the handbook and amended by resolutions presented at the ETOWA AGM.

The rules as presented in the handbook shall apply to the ladies and youth league unless specifically amended below.

To be eligible to partake in the LYL teams must be:

- Senior Ladies
- Junior Boys
- Junior Girls

Teams must state which of these they are at the weigh in (Note Rule 4 below)

Please note a Youth is classified as per the TOWA Rules - For Open Club competitions a Puller is eligible to pull as a junior from the beginning of the year in which the puller reaches the age of 13 years, until the end of the year in which the puller reaches the age of 18.

A Youth team may use a Female puller over this age limit, but they will be deemed as a borrowed puller.

- 1. The weight classes shall be 560kg and 520kg
- 2. The order of pulling shall be 560kg followed by the 520kg.
- 3. Teams will nominally be 8 a-side, however;
  - a. Teams can start with 7 to meet the weight class.
  - b. Teams can have up to 10 pullers to meet the weight class (10 for Junior Girls only).
- 4. The teams shall consist of not more than 2 persons of the opposite sex.
- 5. Teams must not exceed the weight limit.
- 6. Section 12 of the TOWA rules DO NOT apply;
  - a. There will be no 40 kilos allowance.
  - b. Borrowing is limited to two pullers.

(Note a 'borrowed' puller is one not registered with that club, using opposite gender of the same club is not borrowing (except overage female pullers in a youth team))

- 7. If there are more than 3 teams in a competition a final shall be held.
- 8. Teams must attend the Y+L League Finals day to be eligible for a Y+L League Final position medal.

## NOTE FOR JUDGES;

Ensure the LYL is started at the earliest opportunity and is run efficiently to enable a timely finish to permit youth teams to depart at an appropriate time.